

Checklist Category	Recommended Size (Inches)	Recommended Size (Centimeters)	Ideal Use / Age	Best Materials
Preemie / Newborn Blanket	18" × 18" up to 30" × 30"	46 × 46 up to 76 × 76	For premature or newborns; gentle warmth and comfort.	Soft cotton, bamboo, or muslin
Receiving Blanket	30" × 30" to 40" × 40"	76 × 76 to 102 × 102	For wrapping newborns, burping, or tummy time.	Cotton, flannel
Swaddling Blanket	40" × 40" to 48" × 48"	102 × 102 to 122 × 122	For snug wrapping during early months; reduces startle reflex.	Muslin, light cotton
Cradle / Bassinet Blanket	~30" × 40"	~76 × 102	Fits small sleeping spaces safely; no loose fabric.	Cotton, bamboo
Stroller / Car Seat Blanket	22" × 30" to 30" × 36"	56 × 76 to 76 × 91	For travel, walks, or car rides; compact and secure.	Cotton, fleece
Crib Blanket	~40" × 60"	~102 × 152	For crib naps (after 12 months); not for newborn sleep.	Cotton, flannel
Toddler Blanket	40" × 60" or slightly larger	102 × 152	For toddler bed, naps, and growing years.	Cotton, fleece, or eco-blends
Lovey / Security Blanket	12" × 12" to 18" × 18"	30 × 30 to 46 × 46	Small comfort blanket for toddlers or nap-time security.	Cotton, bamboo, or plush blends